



Interview

WITH DR. THERESA M. JARMUZ, M.D.

OF BUCKHEAD FACIAL PLASTIC SURGERY

*T*heresa M. Jarmuz, M.D. is certified by The American Board of Otolaryngology (head and neck surgery) and by The American Board of Facial Plastic and Reconstructive Surgery. She is a member of The American Medical Association, The American Academy of Facial Plastic and Reconstructive Surgery, The American Academy of Otolaryngology, The Atlanta Medical Women's Alliance, and The Medical Association of Georgia.

Jarmuz began her higher education in Boston, where she received her bachelor's degree in psychology with honors, graduating magna cum laude. Jarmuz then returned to her hometown of Buffalo, N.Y. to attend the University at Buffalo School of Medicine and Biomedical Sciences, where she obtained her M.D. degree. Her postgraduate training in general surgery was completed through the Emory University affiliated hospitals in Atlanta. Following this, she also completed her

surgical subspecialty training through Emory University in otolaryngology. During her training at Emory, Jarmuz developed a strong interest in facial plastic surgery and otolaryngology. Due to her interest and background, she was chosen for a fellowship in facial plastic and reconstructive surgery and received one of only 37 positions nationwide.

During this fellowship, her entire experience was in cosmetic and reconstructive surgery of the nose, eyes, face, head and neck. Following her fellowship, she joined Dr. Wallace K. Dyer at Buckhead Facial Plastic Surgery.

She has won awards for her research in wound healing and injectable fillers, is an official trainer for Sculptra Aesthetic, authored multiple publications and lectured nationally. Read on as we interview Atlanta's most sought after facial plastic surgeon.



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Q: WHEN A PATIENT COMES TO YOU FOR A GENERAL CONSULTATION WHAT DO YOU HOPE TO CONVEY TO THEM?

A: People are often amazed by the amount of improvement that can be achieved through non-surgical procedures. We discuss skin care, injectables and lasers. I'm conservative. I believe in employing the least invasive treatments possible to garner effective results.

Q: YOU HAVE YOUR OWN SURGERY CENTER WHICH IS AAAHC ACCREDITED. ARE ALL OF THE SURGICAL PROCEDURES PERFORMED UNDER GENERAL ANESTHESIA?

A: No, in fact, many procedures can be performed under local with no sedation at all. We do upper and lower eyes, neck lifts, facelifts, submentoplasty and lipotherme all under local. The only procedure that requires IV sedation is nose surgery, but even then, we use twilight anesthesia—which means the patients are breathing on their own. We will do whatever makes the patient the most comfortable.

Q: WHAT SETS YOU APART FROM OTHER FACIAL PLASTIC SURGEONS?

A: My personalized approach to each individual's needs. I am proud to have board certifications in otolaryngology as well as facial plastics. Surgery should be subtle and practically undetectable. I have had patients come up to me after treatment saying, "my friends noticed I looked better, but couldn't pinpoint what changed." It's responses like these that continue to motivate me. I love my job!

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