

Q&A

WITH DR. THERESA M. JARMUZ, M.D.



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Q: DO MEN ACTUALLY DO BOTOX AND FILLERS?

A: Absolutely, smart men do. I have a procedure I do called the "Touchdown Facelift" that involves three different types of injectables, no downtime. What an amazing difference it can make. Their friends will be asking them what they are doing different to look so refreshed. It can be our little secret! I also use it for the men that have excessive sweating in the armpits or hands – it really is a lifesaver for men that have a problem with this issue.

Q: ASIDE FROM BOTOX AND FILLERS, WHAT ELSE WOULD YOU RECOMMEND MEN DO?

A: Skincare – in conjunction with injectables that can stimulate collagen, certain products also can help slow down the aging process. Skincare must be medical grade to be effective. I will assess the skin and recommend the right products for each individual's needs, while keeping it as simple as possible.

Q: WHEN A PATIENT COMES TO YOU FOR A SURGERY CONSULTATION, WHAT DO YOU HOPE TO CONVEY TO THEM?

A: People are often amazed by the amount of improvement achieved through non-surgical procedures. We discuss skincare, injectables and lasers. I'm conservative and believe in employing the least invasive treatments possible to garner effective results. When it is time to do surgery, I will let you know. I am proud to have board certifications in Otolaryngology (head and neck surgery) as well as facial plastics. Surgery should be subtle and practically undetectable. I've had patients come up to me after treatment saying, "my friends noticed I looked better, but couldn't pinpoint what changed." Such a response continues to motivate me. I love my job!

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